



Penn Fields School Newsletter

Where every moment is a learning opportunity and that every moment matters

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Issue 60 Friday 28th April 2023



Miss Hilton

Welcome to Penn Fields!

A very warm welcome to two new members of staff this Term.

Miss Hilton who will be working in Willow Class, Key Stage 1 and Miss Stewart who will be working in Upper School as part of the Student Engagement Team.



Miss Stewart

Welcome to the Penn Fields team!

Safeguarding Team—Mental Health

Being a parent can be challenging, and taking care of your mental health is important. Staying at home more or having to work during a difficult situation can put different pressures on everyone. If you're struggling, it's okay to reach out for support from friends, family, school and other organisations that are here to help.

Changes to our mental health can sometimes affect children and their wellbeing. They may pick up on your anxiety or low mood. This doesn't mean you should hide or minimise your feelings. You can try to explain them using phrases like, "It's ok to get big feelings, everyone gets big feelings but it's still the adult's job to look after the children" or "If adults get big feelings it's not your fault - we can ask other adults for help with our feelings."

It's important to give children reassurance and support. Looking after your own mental health is vital to their wellbeing so don't be afraid to try new things together or feel worried about doing something for yourself to take care of your own wellbeing and reach out to us if you need help. If you don't feel comfortable talking to us about your mental health, there are other organisations that can help.

NSPCC: 0808 800 5000 or email help@nspcc.org.uk

Samaritans: 116 123

Black Country Mental Health Helpline: 0800 008 6516

Penn Fest 2023

Key Stage 4 students visited the Newhampton Arts Centre this week to view and begin to plan and organise the gallery space they will be using to exhibit their art work and host a variety of creative workshops for Penn Fest 2023. Students were given advice by staff at the Newhampton Arts Centre on how to curate an exhibition and got to experience an insight into some of the different roles at the arts centre and in the creative industry.

Penn Fest will be open to the public in the daytime from 13th—16th June with an evening event on Friday 16th June. Look out for further details!



Reading Corner

Picture books with QR codes.

You can digitally access picture books to read at home by scanning the QR code below. There will be a different book each week. This weeks book is **How to Train Your Dragon**.

	 https://bit.ly/2ze1Sk1	<h3>How to Train Your Dragon</h3> <p>Cressida Cowell</p> <p>Storytime (extract – full book also available chapter by chapter!)</p> <p>Read by Cressida Cowell</p>
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Pawsome Gang

This weeks reading Domain Dog was **Victor Vocabulary**.

Word of the week was **Hostile** meaning **unfriendly**.

See if your child can tell you about these at home.



Learning Outside the Classroom



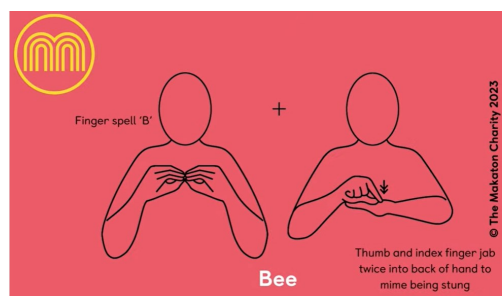
All DofE groups are starting to prepare for their expedition later this term. The expedition is a 2 day walk with an overnight camp. During the weekly lessons students will be practicing navigation, risk assessment and walking to improve fitness. They will also review how to put up tents and cook on the Trangia cooking stove.



This weeks sign of the week is **Bee**.

For more information about Makaton, videos and signs of the week please visit:

<https://www.makaton.org/>



Dates for your Diary

School Closed: Monday 1st May and Monday 8th May 2023 Bank Holidays

Summer Term Time: Tuesday 18th April 2023 to Friday 26th May 2023

Half Term: Monday 29th May 2023 to Friday 2nd June 2023

Summer Term Time: Monday 5th June 2023 to Friday 21st July 2023 (Early closure)

Early closure times:

Lower school: 12.45pm

Upper School: 13.15pm

