

KS3 PSHE timetabled lessons x 2 each week						
Jigsaw Curriculum						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 8	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me

Developing Skills with SOLO taxonomy			
Initial	Multi	Relate	Extend
Define Identify Describe	Memorise Define Name Match Identify Label Recall Describe Outline List	Sequence Compare and contrast Explain effects Distinguish Question Classify Explain causes Analyse Organise	Generalise Evaluate Prove Justify Predict Reflect Argue Prioritise Construct Generate



Preparation for Adulthood					
KS3 Students access 2 hours each week of multi skills sessions giving learners the opportunity to link the curriculum to their lives					
Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Education Appreciation Vision Goals Rights Responsibilities Choices Motivation Rewards	Culture Conflict Difference Similarity Belong Discrimination Bullying Happiness Culture	Lifestyle Dream Achieve Goal Money Feeling Hope Support Resilience	Risks Decision Choice Healthy Emergency Substance Relationship Diet Body	Safety Relationship Online Qualities Values Characteristics Personal Social Self-esteem	Puberty Growing Changing Develop Self-image Body-image Unique Perception Conception

- | 101 things to do at Penn Fields – PSHE |
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| <ul style="list-style-type: none"> Attend Friendships Online safety Team player Resilient Confident Happy Visiting Experience |

Qualifications & Progression



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JIGSAW Curriculum						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 (Ages 9-10)	Being Me in My World My year ahead Being a citizen in my country Responsibilities Rewards and consequences Our learning charter Owing our learning charter	Celebrating Difference Different cultures Racism Rumours and name calling Types of bullying Does money matter Celebrating difference across the world	Dreams and Goals When I grow up Jobs and careers My dream job Dreams and goals – other cultures How can we support each other Rallying support	Healthy Me Smoking Alcohol Emergency aid Body image My relationship with food Healthy me	Relationships Recognising me Safety and online communities Being in an online community Online gaming My relationship with technology My relationship with staying safe online	Changing Me Self-image Puberty for girls Puberty for boys Conception Looking ahead 1 Looking ahead 2
Year 8 (Ages 10-11)	Being Me in My World My year ahead Being a global citizen 1 Global citizen 2 My learning charter Our learning charter Owing our learning charter	Celebrating Difference Am I normal? Understanding difference Power struggles Why bully? Celebrating difference Celebrating difference	Dreams and Goals Personal learning goals Steps to success My dreams for the world Helping to make a difference x2 Recognising our achievements	Healthy Me Taking responsibility Drugs Exploitation Gangs Emotional & mental health Managing stress & pressure	Relationships What is mental health My mental health Love and loss Power and control Being online Using technology	Changing Me My self-image Puberty Babies – conception to birth Boyfriends and girlfriends Adolescent friendships Real and ideal self The year ahead