

Nurture PSHE timetabled lessons x 2 each week						
Jigsaw Curriculum						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nurture	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me



Developing Skills with SOLO taxonomy			
Initial	Multi	Relate	Extend
Define	Memorise	Sequence	Generalise
Identify	Define	Compare and contrast	Evaluate
Describe	Name	Explain effects	Prove
	Match	Distinguish	Justify
	Identify	Question	Predict
	Label	Classify	Reflect
	Recall	Explain causes	Argue
	Describe	Analyse	Prioritise
	Outline	Organise	Construct
	List		Generate

Preparation for Adulthood					
KS3 Students access 2 hours each week of multi skills sessions giving learners the opportunity to link the curriculum to their lives					
Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Education	Culture	Lifestyle	Risks	Safety	Puberty
Appreciation	Conflict	Dream	Decision	Relationship	Growing
Vision	Difference	Achieve	Choice	Online	Changing
Goals	Similarity	Goal	Healthy	Qualities	Develop
Rights	Belong	Money	Emergency	Values	Self-image
Responsibilities	Discrimination	Feeling	Substance	Characteristics	Body-image
Choices	Bullying	Hope	Relationship	Personal	Unique
Motivation	Happiness	Support	Diet	Social	Perception
Rewards	Culture	Resilience	Body	Self-esteem	Conception

101 things to do at Penn Fields – PSHE
<ul style="list-style-type: none"> Attend Friendships Online safety Team player Resilient Confident Happy Visiting Experience

Qualifications & Progression



Nurture PSHE timetabled lessons x 2 each week JIGSAW Curriculum						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nurture JIGSAW PSHE Ages 8-9	Becoming a Class team Being a school citizen Rights, responsibilities, democracy Rewards and consequences Our learning charter Owning our learning charter	Judging by appearances Understanding Influences Understanding Bullying Problem Solving Special me Celebrating difference – how we look	Hopes and dreams Broken dreams Overcoming disappointment Creating new dreams Achieving goals We did it	My friends and me Group dynamics Smoking Alcohol Healthy friendships Celebrating my inner strength	Jealousy Love and loss Memories Getting on and falling out Girlfriends and boyfriends Celebrating my relationships with people and animals	Unique me Having a baby Having a baby alternative Girls and puberty Circles of change Accepting change Looking ahead