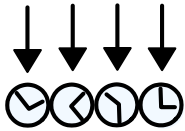


Coronavirus - Staying Safe



I can stay healthy by:



REGULARLY



WASHING

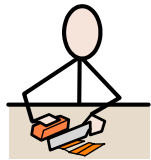


MY HANDS

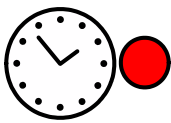
WITH



SOAP



* When preparing food



After



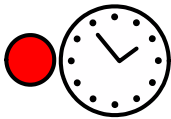
sneezing

or



blowing my nose

* After sneezing or blowing my nose

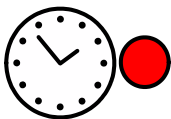


Before

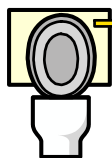


eating

* Before eating



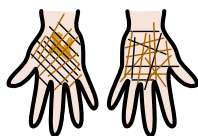
After



using the

toilet

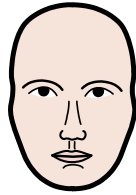
* After using the toilet



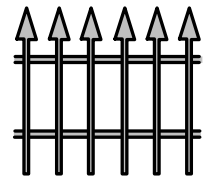
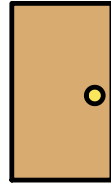
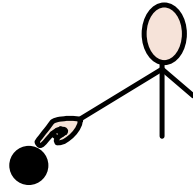
* If they are dirty



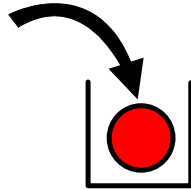
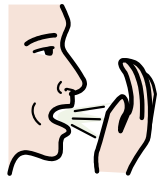
I can stay healthy by:



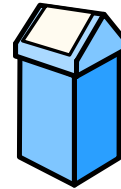
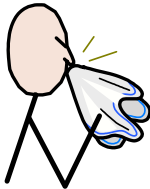
* Not touching my face or mouth



* Not touching outside doors, handles, railings



* Coughing and sneezing into my elbow



* Putting used tissue in the bin



* Staying at home if I feel ill.