

Penn Fields School
Preparing for Adulthood – KS5



KS5 Preparing for Adulthood timetabled lessons x 6 each week						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 12/13 Group 1	Housing and Independent Living – Shopping		Employment – Work Experience and Placements		Housing and Independent Living – Human Rights	
	Friendships and Relationships – Healthy Relationships		Housing and Independent Living – Support Networks		Healthy Lifestyles – Substance Misuse	
Year 12/13 Group 2	Self-Development – Mental and Emotional Wellbeing		Friendships and Relationships – Intimacy and Consent		Money and Budgeting – Financial Choices and Risks	
	Friendships and Relationships – Social Behaviours		Money and Budgeting – Gambling and Debt		Self-Development – Future Plans	

Developing Skills with SOLO taxonomy			
Initial	Multi	Relate	Extend
Define	Memorise	Sequence	Generalise
Identify	Define	Compare and contrast	Evaluate
Describe	Name	Explain effects	Prove
	Match	Distinguish	Justify
	Identify	Question	Predict
	Label	Classify	Reflect
	Recall	Explain causes	Argue
	Describe	Analyse	Prioritise
	Outline	Organise	Construct
	List		Generate



Personal Discovery Pathway					
Healthy Lifestyles	Money and Budgeting	Housing and Independent Living	Employment	Friendships and Relationships	Self-Development
Cooking Exercise Substance Cleanliness Wellbeing Care Hygiene Diet	Banks Finance Income Payment Currency Investment Risks Costing	Accommodation House Chores Travelling Rights Support Responsibility Accountability	Enterprise Job Career Wages Experiences Skills Qualities Achievements	Community Intimacy Healthy Social Skills Online Partnership Consent Family	Progress Development Growth Targets Wellbeing Future Feelings Emotions

- 101 things to do at Penn Fields – Preparing for Adulthood**
- **Preparing**
 - **Visiting**
 - **Independence**
 - **Training**
 - **Practising**
 - **Responsibility**
 - **Developing**
 - **Progressing**

Qualifications & Progression



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Year 12/13 Group 1	Housing and Independent Living – Shopping What is shopping?, How shopping has changed over time, How shopping may change in the future, Places to shop, Practical skills.		Employment – Work Experience and Placements Skills for life, Old and new jobs, What employers want, Work/life balance, Types of employment, Responsibilities at work, Work experience and placements, Practical skills.		Housing and Independent Living – Human Rights Introduction, Founding, The 30 rights, Scenarios, New human rights, Keywords, Practical skills.	
	Friendships and Relationships – Healthy Relationships Relationships, Ways to behave in a relationship, Scenarios, Support and guidance, Practical skills.		Housing and Independent Living - Support Networks Introduction, Your support network, Discussion about your future, Increasing people in your support network, Scenarios, The support you give, Professional support, Practical skills.		Healthy Lifestyles – Substance Misuse Introduction, Legal substances, Illegal substances, Medicines, Impact and consequences, Help and support, Practical skills.	
Year 12/13 Group 2	Self-Development – Mental and Emotional Wellbeing Introduction, My identity and my life, Support available, Practical skills.		Friendships and Relationships – Intimacy and Consent Healthy and intimate relationships, Sexual relationships, Sexual consent, The law, Sexual pressure, Sexual health, Practical skills.		Money and Budgeting – Financial Choices and Risks Budgeting, Paying bills, Managing credit and debt, Savings, Student loans, Planning for retirement, Practical skills.	
	Friendships and Relationships – Social Behaviours Formal situations, Informal situations, Behaviours for formal and informal situations, Ways to show respect, Ways to communicate, Practical skills.		Money and Budgeting – Gambling and Debt Borrowing money, emotional consequences of borrowing money, Financial consequences of borrowing money, Gambling, Support and advice, Practical skills.		Self-Development – Future Plans Where I want to live, Who I would like to live with, What I want to do for a job, The hobbies I would like to do, Where I would like to visit, What kind of person I would like to be, Practical skills.	