

## Contact Details



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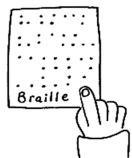


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This leaflet is available in other languages or formats



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# Transition

## Moving to adult health services



## What is Transition?



Transition is when a young person moves from children's to adult services.  
We can help you with this by working together.

## When will it start?



When you are 14 years old people will talk to you about what you want to do when you leave school.  
Your head teacher will make sure this is done at your school review.

This is called an Education Health and Care Plan Review.  
People often call this an EHCP review.

## How will it happen?



When you are 16 years old someone may come to your review from the adult learning disability service.

They will meet you and your family to tell you about their service.

## Your education health and care plan (EHCP)



At your review we will talk to you about the support you may need with your health.

We will support you to write it in your plan.

## I am 18 years old – what happens next?



If you need support with your health from the adult learning disability team you can ask us to become involved.

Your family or carer can also ask us.

If we can help you we will talk to you about the needs that you have, write them down and make a plan to support you.

**If you have any questions about moving to adult health services please contact us.**

**Our contact details are on the back page.**

Helping people to be **the best they can be**