

Penn Fields School
Preparation for Adulthood – KS4



KS4 Preparation for Adulthood timetabled lessons x 4 each week						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS4	Self-Development – Feelings and Emotions		Employment – Jobs and Interviews		Money and Budgeting – Credit Cards and Loans	
	Employment – Own Career Choices		Healthy Lifestyles – First Aid		Healthy Lifestyles – Mental and Emotional Wellbeing	

Developing Skills with SOLO taxonomy			
Initial	Multi	Relate	Extend
Define	Memorise	Sequence	Generalise
Identify	Define	Compare and	Evaluate
Describe	Name	contrast	Prove
	Match	Explain effects	Justify
	Identify	Distinguish	Predict
	Label	Question	Reflect
	Recall	Classify	Argue
	Describe	Explain causes	Prioritise
	Outline	Analyse	Construct
	List	Organise	Generate



Personal Discovery Pathway					
Healthy Lifestyles	Money and Budgeting	Housing and Independent Living	Employment	Friendships and Relationships	Self-Development
Cooking Exercise Substance Cleanliness Wellbeing Care Hygiene Diet	Banks Finance Income Payment Currency Investment Risks Costing	Accommodation House Chores Travelling Rights Support Responsibility Accountability	Enterprise Job Career Wages Experiences Skills Qualities Achievements	Community Intimacy Healthy Social Skills Online Partnership Consent Family	Progress Development Growth Targets Wellbeing Future Feelings Emotions

- 101 things to do at Penn Fields – Preparation for Adulthood**
- **Preparing**
 - **Visiting**
 - **Independence**
 - **Training**
 - **Practising**
 - **Responsibility**
 - **Developing**
 - **Progressing**

Qualifications & Progression



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KS4	<p style="text-align: center;">Self-Development – Feelings and Emotions What are feelings and emotions?, Types of feelings and emotions, Faces, What if...?, Expressing feelings, Alternative words, Practical skills.</p>		<p style="text-align: center;">Employment – Jobs and Interviews What is work?, Processes, Vacancies, Write a C.V., Application forms, Interviews, Job offer, Begin employment, Practical skills.</p>		<p style="text-align: center;">Money and Budgeting – Credit Cards and Loans Introduction, Credit cards, Loans, Interest, Practical skills.</p>	
	<p style="text-align: center;">Employment – Own Career Choices My learning style, What is important to me, My aspirations, Exploring my possibilities, My choices, How to succeed, Practical skills.</p>		<p style="text-align: center;">Healthy Lifestyles - First Aid Bleeding, Bones and muscles, Breathing difficulties, Choking, Head injuries, Heart, Paediatric first aid, Seizures, Allergic reaction, Stroke, A first aid kit, An unresponsive casualty, Practical skills.</p>		<p style="text-align: center;">Healthy Lifestyles – Mental and Emotional Wellbeing Introduction, My identity and my life, Examples of Mental Health issues, Support available, Practical skills.</p>	