

**Penn Fields School**  
**Preparation for Adulthood – KS5**



KS5 Preparation for Adulthood timetabled lessons x 6 each week						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS5	Specialist Portfolios – Friends and Family		Specialist Portfolios – Sleep and Exercise		Specialist Portfolios – Crafty Recycling	
	Specialist Portfolios – Personal Health and Hygiene		Specialist Portfolios – Travel		Specialist Portfolios – Gardening	
	Specialist Portfolios – C.V's		Specialist Portfolios – Wildlife and Nature		Specialist Portfolios – Health and Fitness	
	Specialist Portfolios – Cooking for Adulthood		Specialist Portfolios – Community Awareness Project		Specialist Portfolios – Citizenship	

Developing Skills with SOLO taxonomy			
Initial	Multi	Relate	Extend
Define	Memorise	Sequence	Generalise
Identify	Define	Compare and contrast	Evaluate
Describe	Name	Explain effects	Prove
	Match	Distinguish	Justify
	Identify	Question	Predict
	Label	Classify	Reflect
	Recall	Explain causes	Argue
	Describe	Analyse	Prioritise
	Outline	Organise	Construct
	List		Generate



Personal Discovery Pathway					
Healthy Lifestyles	Money and Budgeting	Housing and Independent Living	Employment	Friendships and Relationships	Self-Development
Cooking Exercise Substance Cleanliness Wellbeing Care Hygiene Diet	Banks Finance Income Payment Currency Investment Risks Costing	Accommodation House Chores Travelling Rights Support Responsibility Accountability	Enterprise Job Career Wages Experiences Skills Qualities Achievements	Community Intimacy Healthy Social Skills Online Partnership Consent Family	Progress Development Growth Targets Wellbeing Future Feelings Emotions

- 101 things to do at Penn Fields – Preparation for Adulthood**
- **Preparing**
  - **Visiting**
  - **Independence**
  - **Training**
  - **Practising**
  - **Responsibility**
  - **Developing**
  - **Progressing**

**Qualifications & Progression**



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