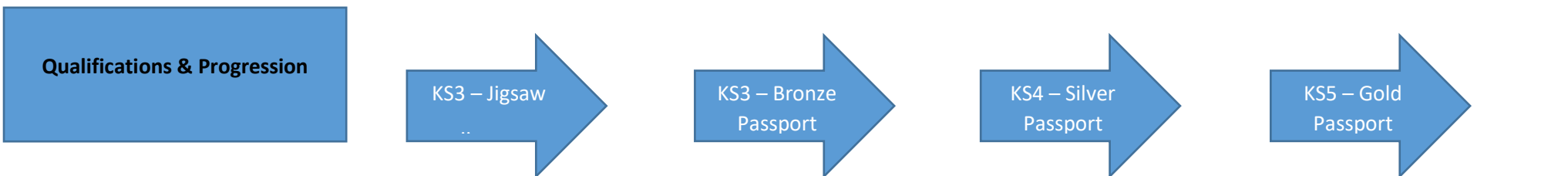


| KS3 PSHE timetabled lessons x 2 each week |                      |                        |                  |            |               |             | Developing Skills with SOLO taxonomy |   |   |  |
|---|----------------------|------------------------|------------------|------------|---------------|-------------|--------------------------------------|---|---|--|
| Jigsaw Curriculum                         |                      |                        |                  |            |               |             | Initial                              | Multi   | Relate  | Extend   |
|   | Autumn 1             | Autumn 2               | Spring 1         | Spring 2   | Summer 1      | Summer 2    |                                      |   |   |  |
| Year 7                                    | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me | Define<br>Identify<br>Describe       | Memorise<br>Define<br>Name<br>Match<br>Identify<br>Label<br>Recall<br>Describe<br>Outline<br>List | Sequence<br>Compare and contrast<br>Explain effects<br>Distinguish<br>Question<br>Classify<br>Explain causes<br>Analyse<br>Organise | Generalise<br>Evaluate<br>Prove<br>Justify<br>Predict<br>Reflect<br>Argue<br>Prioritise<br>Construct<br>Generate |
| Year 8                                    | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |                                      |   |   |  |

| Personal Discovery Pathway   |   |  |  |   |   | 101 things to do at Penn Fields – PSHE   |
|--|---|--|--|---|---|--|
| Being Me in My World   | Celebrating Difference  | Dreams and Goals   | Healthy Me   | Relationships   | Changing Me   |  |
| Education<br>Appreciation<br>Vision<br>Goals<br>Rights<br>Responsibilities<br>Choices<br>Motivation<br>Rewards | Culture<br>Conflict<br>Difference<br>Similarity<br>Belong<br>Discrimination<br>Bullying<br>Happiness<br>Culture | Lifestyle<br>Dream<br>Achieve<br>Goal<br>Money<br>Feeling<br>Hope<br>Support<br>Resilience | Risks<br>Decision<br>Choice<br>Healthy<br>Emergency<br>Substance<br>Relationship<br>Diet<br>Body | Safety<br>Relationship<br>Online<br>Qualities<br>Values<br>Characteristics<br>Personal<br>Social<br>Self-esteem | Puberty<br>Growing<br>Changing<br>Develop<br>Self-image<br>Body-image<br>Unique<br>Perception<br>Conception | <ul style="list-style-type: none"> <li>Attend</li> <li>Friendships</li> <li>Online safety</li> <li>Team player</li> <li>Resilient</li> <li>Confident</li> <li>Happy</li> <li>Visiting</li> <li>Experience</li> </ul> |



| KS3 PSHE timetabled lessons x 2 each week<br>JIGSAW Curriculum |   |  |   |   |   |   |
|--|---|--|---|---|---|---|
|  | Autumn 1  | Autumn 2   | Spring 1  | Spring 2  | Summer 1  | Summer 2  |
| Year 7   | <b>Being Me in My World</b><br>My year ahead<br>Being a citizen in my country<br>Responsibilities<br>Rewards and consequences<br>Our learning charter<br>Owing our learning charter | <b>Celebrating Difference</b><br>Different cultures<br>Racism<br>Rumours and name calling<br>Types of bullying<br>Does money matter<br>Celebrating difference across the world | <b>Dreams and Goals</b><br>When I grow up<br>Jobs and careers<br>My dream job<br>Dreams and goals – other cultures<br>How can we support each other<br>Rallying support | <b>Healthy Me</b><br>Smoking<br>Alcohol<br>Emergency aid<br>Body image<br>My relationship with food<br>Healthy me                       | <b>Relationships</b><br>Recognising me<br>Safety and online communities<br>Being in an online community<br>Online gaming<br>My relationship with technology<br>My relationship with staying safe online | <b>Changing Me</b><br>Self-image<br>Puberty for girls<br>Puberty for boys<br>Conception<br>Looking ahead 1<br>Looking ahead 2   |
| Year 8   | <b>Being Me in My World</b><br>My year ahead<br>Being a global citizen 1<br>Global citizen 2<br>My learning charter<br>Our learning charter<br>Owing our learning charter           | <b>Celebrating Difference</b><br>Am I normal?<br>Understanding difference<br>Power struggles<br>Why bully?<br>Celebrating difference<br>Celebrating difference                 | <b>Dreams and Goals</b><br>Personal learning goals<br>Steps to success<br>My dreams for the world<br>Helping to make a difference x2<br>Recognising our achievements    | <b>Healthy Me</b><br>Taking responsibility<br>Drugs<br>Exploitation<br>Gangs<br>Emotional & mental health<br>Managing stress & pressure | <b>Relationships</b><br>What is mental health<br>My mental health<br>Love and loss<br>Power and control<br>Being online<br>Using technology   | <b>Changing Me</b><br>My self-image<br>Puberty<br>Babies – conception to birth<br>Boyfriends and girlfriends<br>Adolescent friendships<br>Real and ideal self<br>The year ahead |