

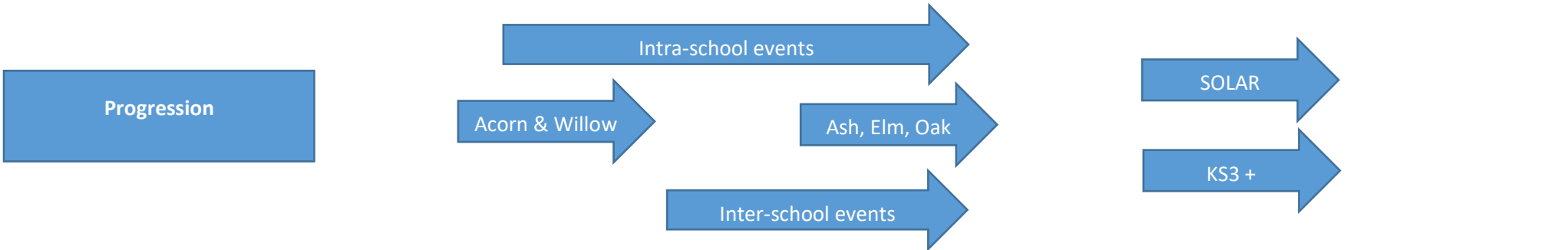
Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Willow	Introduction to PE expectations (Get Active: p46-60)	Introduction to PE expectations (Get Active: p228-238)	Gymnastics (Action Kids 500 - Activities Leading to Gymnastics: p62-84)	Dance (Action Kids 500 - Activities Leading to Dance: p170-186)	Games (Action Kids 500 - Activities Leading to Games: p116-166)	Games
Acorn	Introduction to PE expectations (Get Active: p85-89)	Introduction to PE expectations (Get Active: p123-126, 183-184)	Gymnastics (4-5 Years - Introductory Unit + Unit A: p92-112)	Dance (4-5 Years, Unit 1: p54-70)	Games (4-5 Years, Units 1+2 - Focus on bean bags/Using a ball: p62-80)	Games
Ash	Introduction to PE expectations (Get Active: p 85-89, 123-126, 183-184)	Boccia (See Penn Fields plan)	Gymnastics (4-5 Years - Units B+C, Stretching & curling, Traveling & balancing: p114-132)	Dance (4-5 Years, Unit 2: p72-87)	Games (4-5 Years, Units 3+4 - Focus on hoops/bats & balls: p82-100)	Athletics (5-6 Years, Unit 1 - Travelling: p33-48)
Elm	Introduction to PE expectations/ Early Cricket skills (see MC plan)	Boccia (See Penn Fields plan)	Gymnastics (5-6 Years - Units D+E, Flight - bouncing, jumping & kicking: p135-153)	Dance (5-6 Years - Unit 1, Streamers, costumes & playing with a ball: p118-132)	Games (5-6 Years, Units 1&2 - Ball skills, Throwing and Catching: p101-120)	Athletics (5-6 Years, Unit 2 - Moving & Throwing: p53-62)
Oak	Cricket (Chance to Shine planning) Or Tennis (Tennis Foundation planning)	Boccia (See Penn Fields plan)	Gymnastics (5-6 Years - Units F+G, Rocking & rolling, Shapes: p156-177)	Dance (5-6 Years - Unit 2, March and Jack & The Beantalk: p132-148)	Games (5-6 Years, Developing Partner Skills: p 131-140)	Athletics (5-7 Years, Units 1+2 - Aiming, kicking & hitting: p 70-98, 154-172)

Initial	Multi	Relate	Extend
Define Identify Describe	Memorise Define Name Match Identify Label Recall Describe Outline List	Sequence Compare and contrast Explain effects Distinguish Question Classify Explain causes Analyse Organise	Generalise Evaluate Prove Justify Predict Reflect Argue Prioritise Construct Generate



Wellbeing	Curriculum	Beyond the Curriculum
We maximise the opportunities for students to become more physically literate and confident, in a supportive environment. We encourage a healthy and active lifestyle, alongside a positive attitude to sport. Key to this is our vision to use PE and sport as opportunities to embed values such as fairness and respect.	Students access a range of sport and physical activities: we use a spiral curriculum across the key stages to develop skills and confidence in early movement (Stability, Object Control and Locomotion – SOL), gymnastics, dance, sports games, athletics and multi-skills.	Alongside the core curriculum, students receive a weekly swimming lesson with a specialised swimming teacher. Students also take part in a range of inter-school or intra-school activities, as we work with local schools to provide opportunities for friendly competition.

101 things to do at Penn Fields – Primary PE



Primary PE – Curriculum Overview

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Willow	Introduction to PE expectations (Get Active: p46 - 60)	Introduction to PE expectations (Get Active: p228 - 238)	Gymnastics (Action Kids 500 - Activities Leading to Gymnastics: p62-84)	Dance (Action Kids 500 - Activities Leading to Dance: p170 -186)	Games (Action Kids 500 - Activities Leading to Games: p116-166) + <i>Sports Day preparation</i>	
Acorn	Introduction to PE expectations (Get Active: p85 – 89)	Introduction to PE expectations (Get Active: p123-126, 183-184)	Gymnastics (4-5 Years - Introductory Unit + Unit A: p92-112)	Dance (4-5 Years, Unit 1: p54 -70)	Games (4-5 Years, Units 1+2 - Focus on bean bags/Using a ball: p62-80) + <i>Sports Day preparation</i>	
Ash	Introduction to PE expectations (Get Active: p 85-89, 123-126, 183-184)	Boccia (See Penn Fields plan)	Gymnastics (4-5 Years – Units B+C, Stretching & curling, Travelling & balancing: p114-132)	Dance (4-5 Years, Unit 2: p72-87)	Games (4-5 Years, Units 3+4 - Focus on hoops/bats & balls,: P82-100)	Athletics (5-6 Years, Unit 1 – Travelling: p33-48) + <i>Sports Day preparation</i>
Elm	Introduction to PE expectations/ Early Cricket skills (see MC plan)	Boccia (See Penn Fields plan)	Gymnastics (5-6 Years – Units D+E, Flight – bouncing, jumping & l&ing: p135-153)	Dance (5-6 Years – Unit 1, Streamers, conkers & playing with a ball: p118-132)	Games (5-6 Years, Units 1&2 – Ball Skills, Throwing and Catching: P101-120)	Athletics (5-6 Years, Unit 2 - Moving & Throwing: p53-62) + <i>Sports Day preparation</i>
Oak	Cricket (Chance to Shine planning) Or Tennis (Tennis Foundation planning)	Boccia (See Penn Fields plan)	Gymnastics (5-6 Years – Units F+G, Rocking & rolling, Shapes: p156 - 177)	Dance (5-6 Years – Unit 2, March and Jack & The Beanstalk: p132-143)	Games (5-6 Years, Developing Partner Skills: p 131-140)	Athletics (6-7 Years, Units 1+2 - Aiming, kicking & hitting: p 70-98, 154-172) + <i>Sports Day preparation</i>

Planning is taken from the Val Sabin KS1 schemes of work, unless otherwise stated.